

# Free Design

## 5 flower spray designs

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Print off this page and trace the design below onto your fabric with a waterproof or erasable transfer pen or you can use the prick and pounce method, iron transfer pen, tissue paper tacking method or carbon transfer paper (see my video on ways to transfer a design on my YouTube channel Sarah Homfray Embroidery). Go over the design with a black pen first if you can't see it clearly through the fabric. Frame the fabric into an embroidery hoop.

### Outline design for transfer

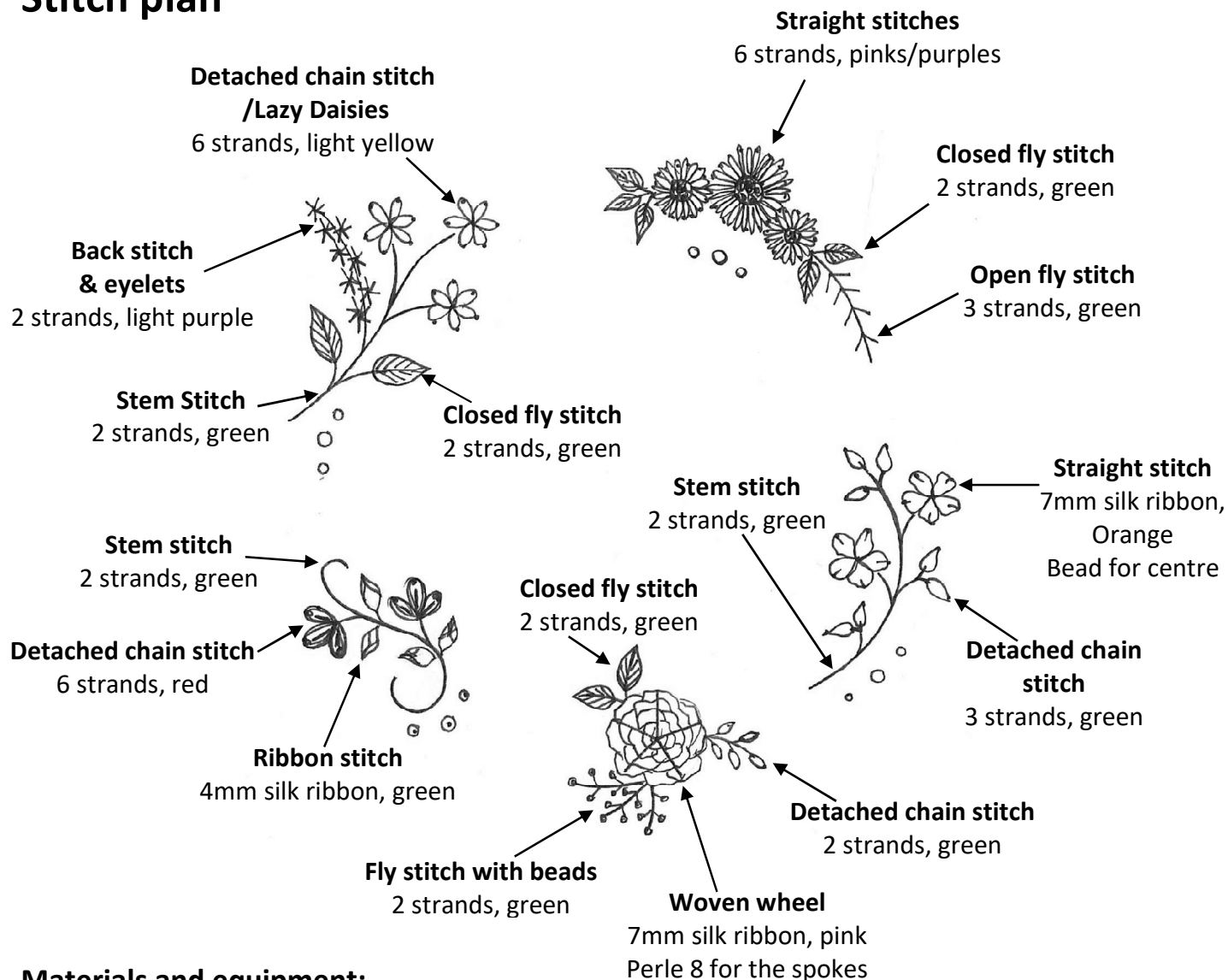
*Note: Mark the dots as lightly as possible so they are easy to cover with your stitches!*



#### Needle sizes for stranded linen/cotton:

- 2 stands – Crewel No.7
- 3 strands – Crewel No.5
- 6 strands – Chenille No. 24
- 7mm silk ribbon – Chenille No.22

# Stitch plan



## Materials and equipment:

- Cotton fabric for embroidery
- Calico/cotton backing fabric
- Embroidery frame to fit fabric
- Needles (see needle guide on page 1)
- Embroidery scissors
- I used the following Anchor linen thread colours (available from my shop): 09,10,17,18,19, 20,21,24,25,26,27,28
- I used the following silk ribbons (available from my shop): 7mm 216 & V006, 4mm VF405

**Go to my YouTube channel Sarah Homfray Embroidery to see a video on these flower sprays as well as transferring a design, threading your needles and many more stitches!**

**Sarah is happy for you to use this design for your own personal use but not for any commercial use please without Sarah's permission (e.g. selling it on, teaching, selling the finished embroidery etc.)**