

Free Design

10 Embroidered flowers

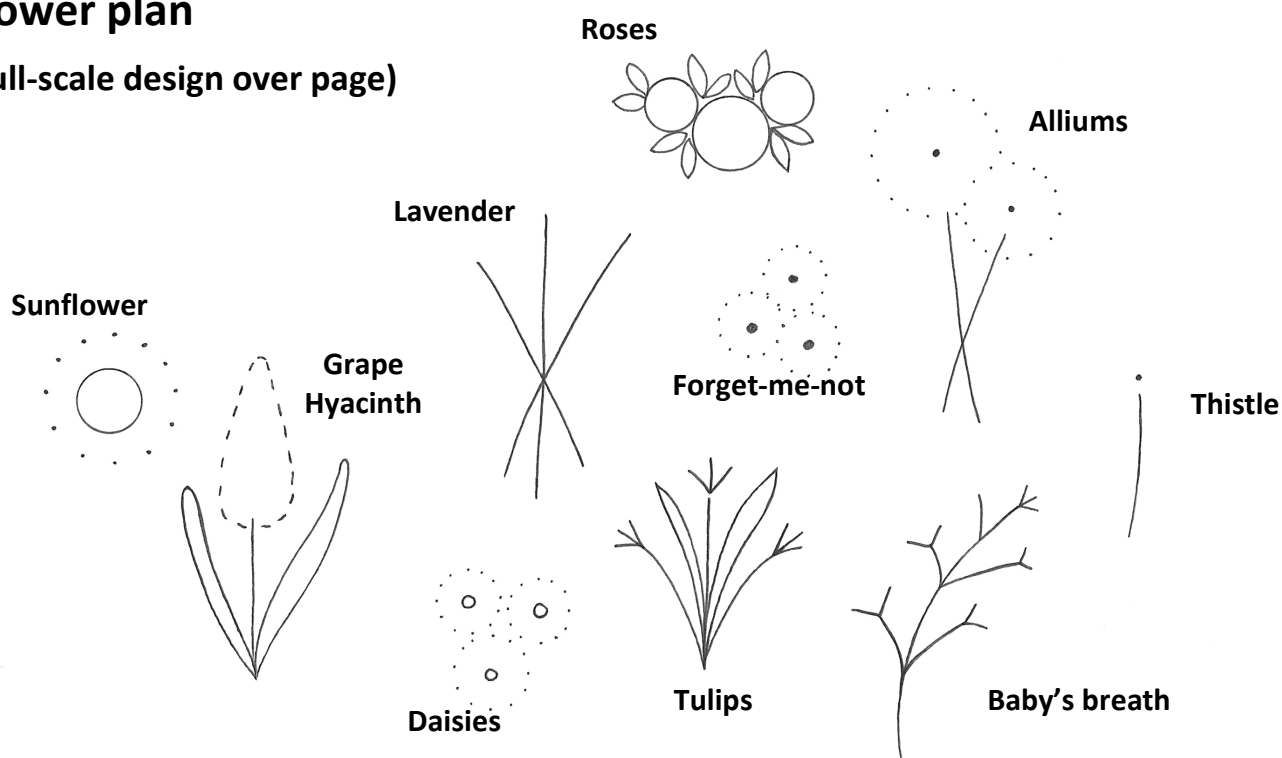


Print off the 'Design for transfer' page (pg2) and trace your chosen design(s) onto your fabric, you can work this sampler as one piece or just choose the flowers you like (see the flower plan below)! I suggest using a water erasable pen for drawing the design on with as some of the flowers don't have solid edges but you can also use a pencil or the prick and pounce method if you like. Go over the design with a black pen first if you can't see it clearly through the fabric

Place a backing fabric behind your embroidery fabric to give you a more stable ground to work on and frame both pieces together in your chosen embroidery hoop.

Flower plan

(Full-scale design over page)



Materials

Fabric to embroider your flowers on (I used an antique white colour cotton)

Cotton backing fabric (place this behind your design and frame up 2 pieces together)

Stranded cottons/floss in colours of your choice (see the colours I chose in the stitch plans)

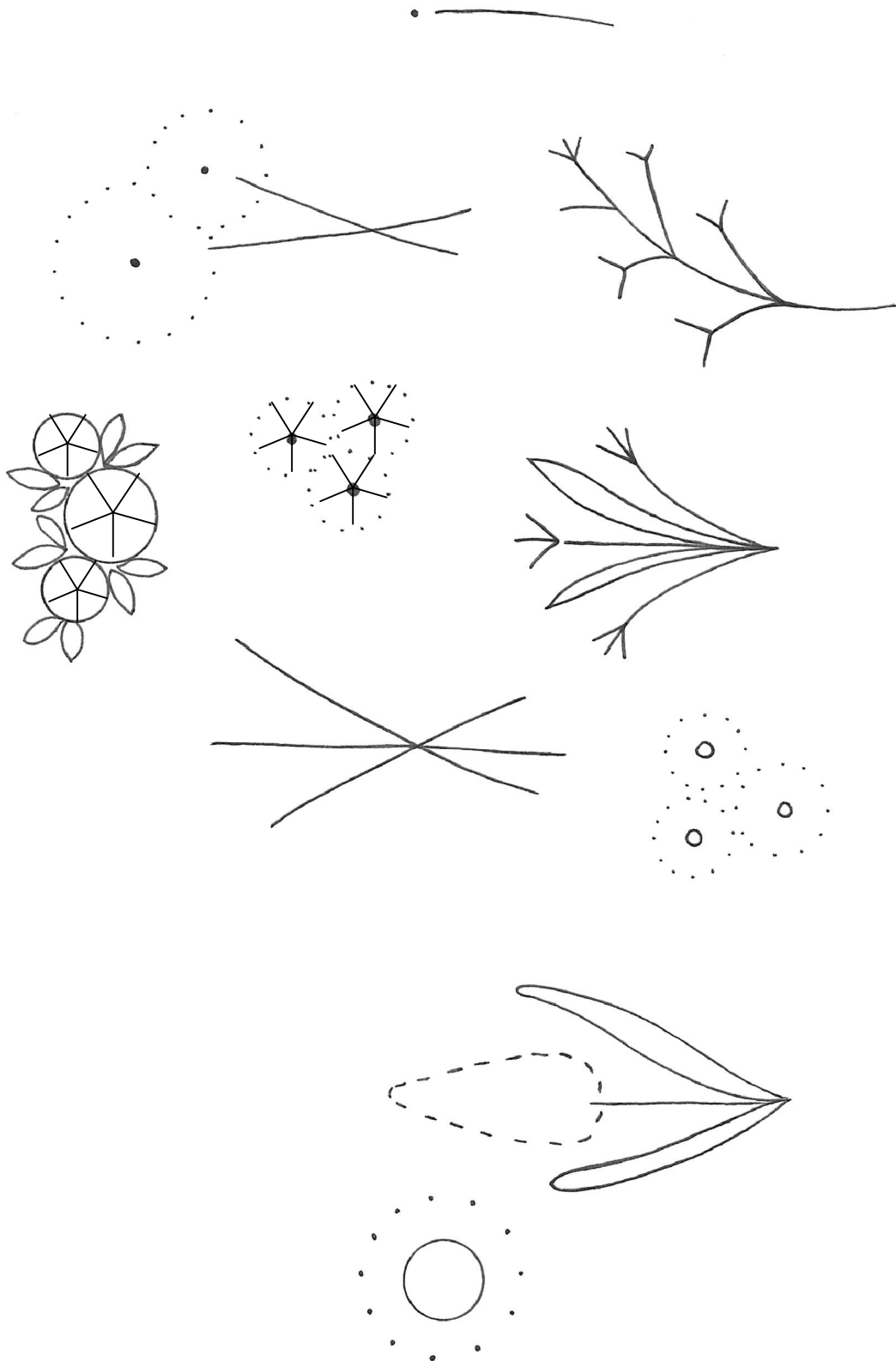
Needles – Embroidery 10, 9, crewel 7 and 5, Chenille 24 (see last page for needle guide)

Embroidery scissors

Embroidery frame to fit fabric

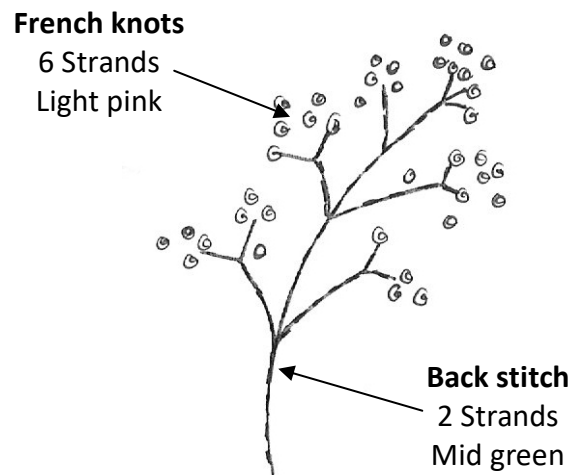
Design for transfer (turn 90 degrees!)

NOTE: Mark the dots very lightly, these flowers don't have solid edges

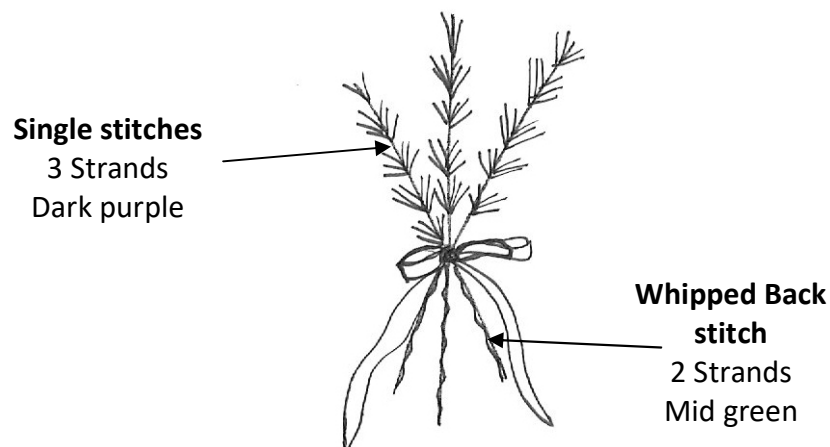


Stitch plans

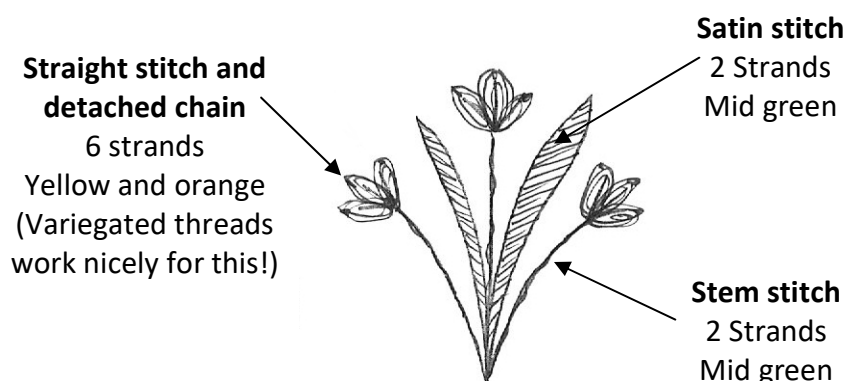
Baby's breath



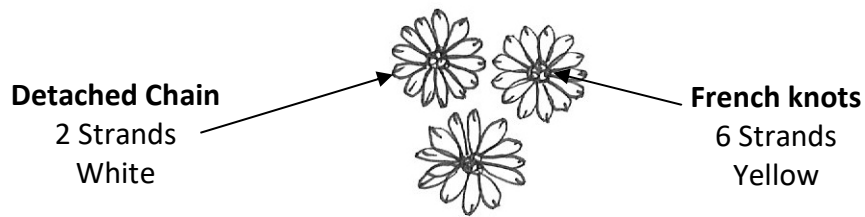
Lavender



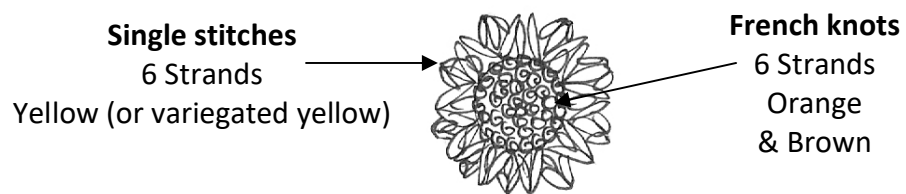
Tulips



Daisies



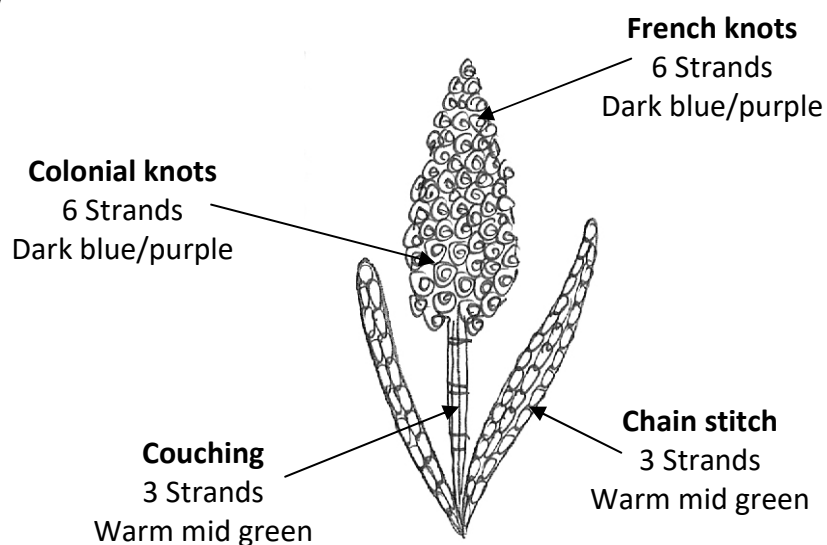
Sunflower



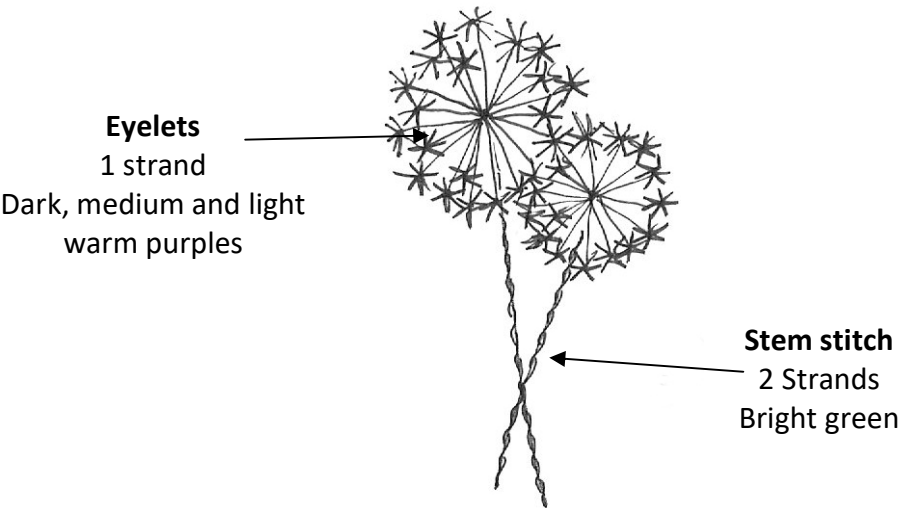
Roses



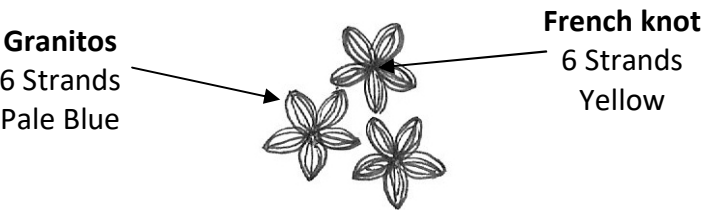
Grape Hyacinth



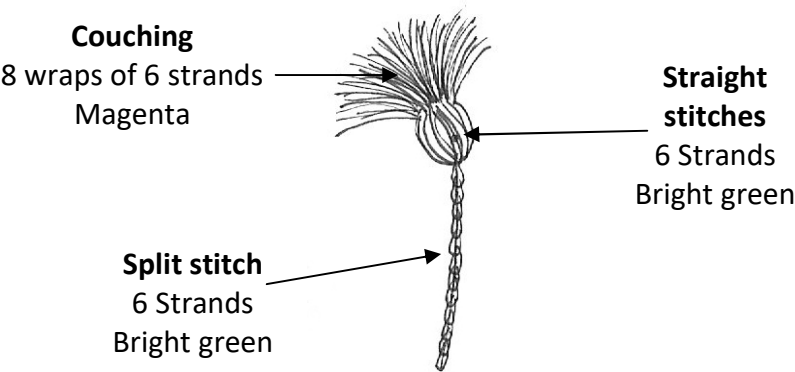
Alliums



Forget-me-nots



Thistle



Needle guide

I recommend these needles for the following number of strands (if you are using a thread other than stranded cotton/floss check out my video on choosing the right needle size on my YouTube channel):

- Embroidery 10 – 1 Strand
- Embroidery 9 – 2 Strands
- Crewel 7 – 3 strands
- Crewel 5 or Chenille 24 – 6 Strands

Notes for working

- I like to put a backing fabric behind my embroidery fabric to make a more stable ground to stitch on. A plain neutral coloured cotton works well
- I recommend a water soluble transfer pen for drawing on the design as some of the flowers don't have solid edges so you can erase any pen marks after with a fine brush dipped in some water. If you don't have one of these use a pencil. Make light marks with whichever method you use.
- I used stranded cottons throughout the video but you can try other threads! Practice on a little sampler first and experiment to see what effects you can get!
- Variegated threads (ones that have several colours in the skein) work really well for flowers and foliage. I've indicated where you can use them on the individual stitch plans
- The stitches I have used for these flowers can be used for lots of other flowers too! See what other flowers you could make with them...

Check out our video on stitching these flowers and videos on how to frame up your fabric, how to thread your needles and how to start and finish your threads; just search **Sarah Homfray Embroidery** on YouTube to find our channel and click on the red **SUBSCRIBE** button to bookmark our page.

Sarah is happy for you to use this design for your own personal use but not for any commercial use please without Sarah's permission (e.g. selling it on, teaching, selling the finished embroidery etc.)