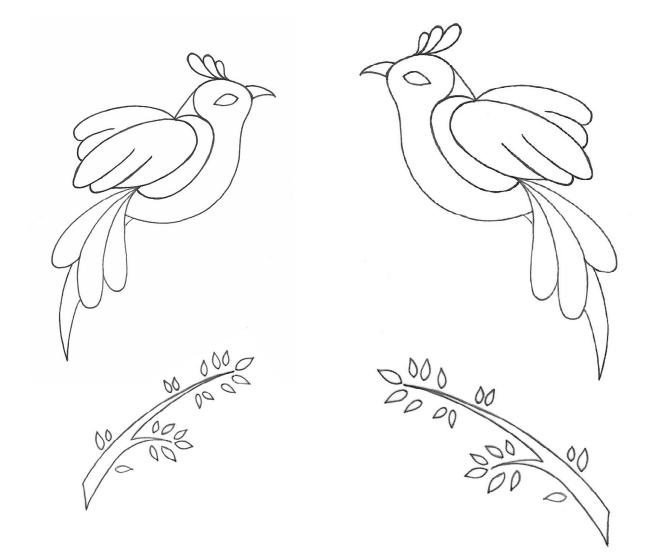
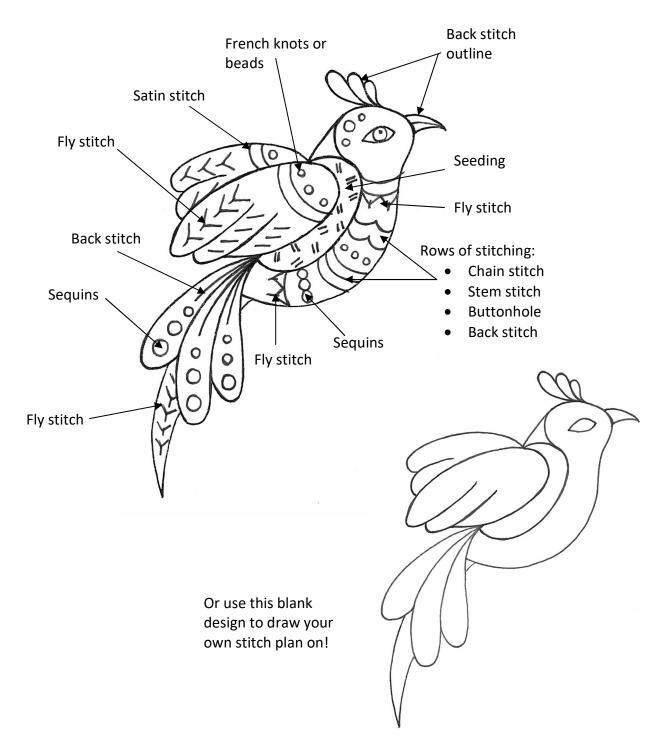
Print off this page and trace your chosen design(s) below onto your fabric with a waterproof or erasable transfer pen or use the prick and pounce method. Go over the design with a black pen first if you can't see it clearly through the fabric. If you want to paint your bird with fabric paint (see the video!) do this next. Let it dry and fix by ironing with a hot iron following the instructions on your brand of fabric paint.

Place a backing fabric behind your embroidery fabric to give you a more stable ground to work and frame both pieces together in your chosen embroidery hoop.

## **Outline designs**



## Suggested stitch plan



Check out our video on this design and videos on how to frame up your fabric, how to thread your needles and how to start and finish your threads; just search **Sarah Homfray Embroidery** on YouTube to find our channel and click on the red **SUBSCRIBE** button to bookmark our page.

Sarah is happy for you to use this design for your own personal use but not for any commercial use please without Sarah's permission (e.g. selling it on, teaching, selling the finished embroidery etc.)