

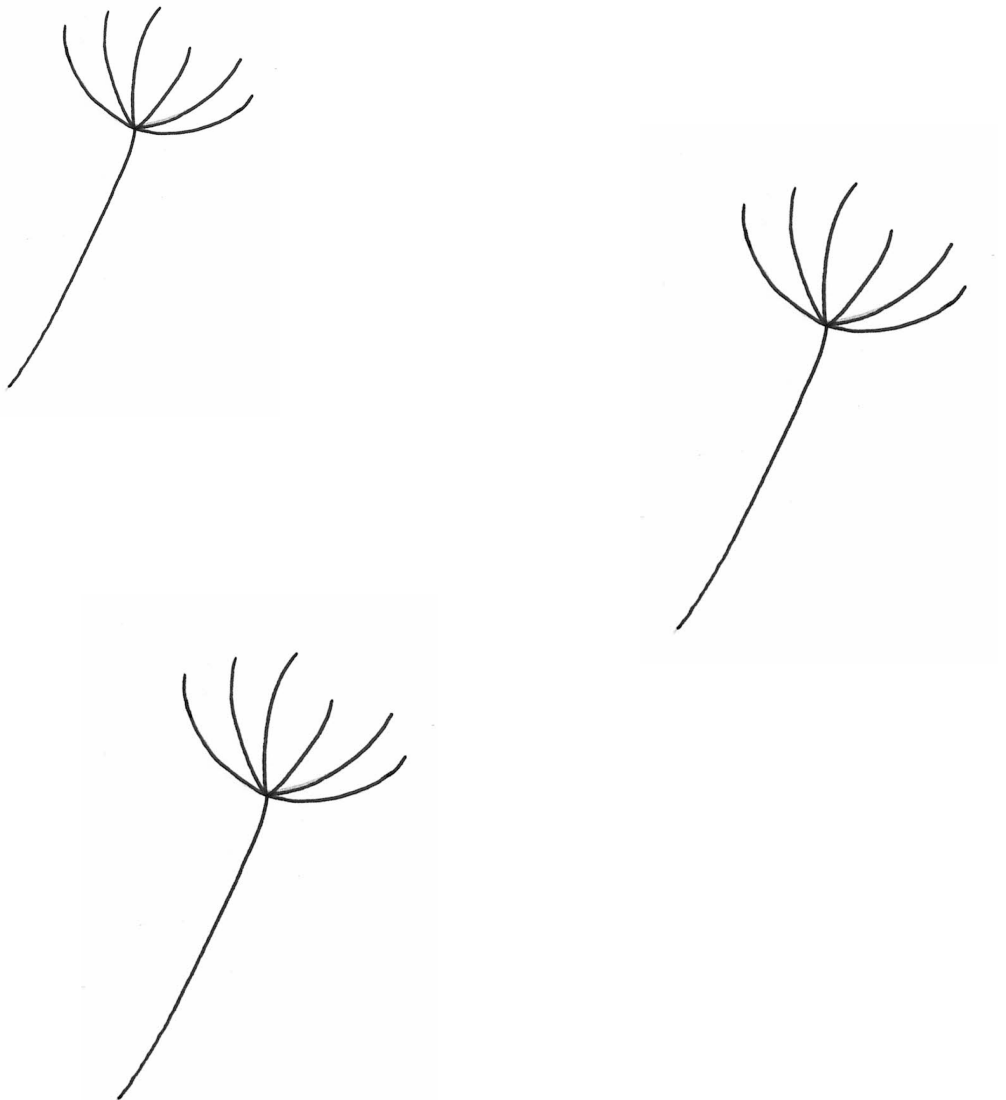
Free Design

Fennel outline design and stitch plan

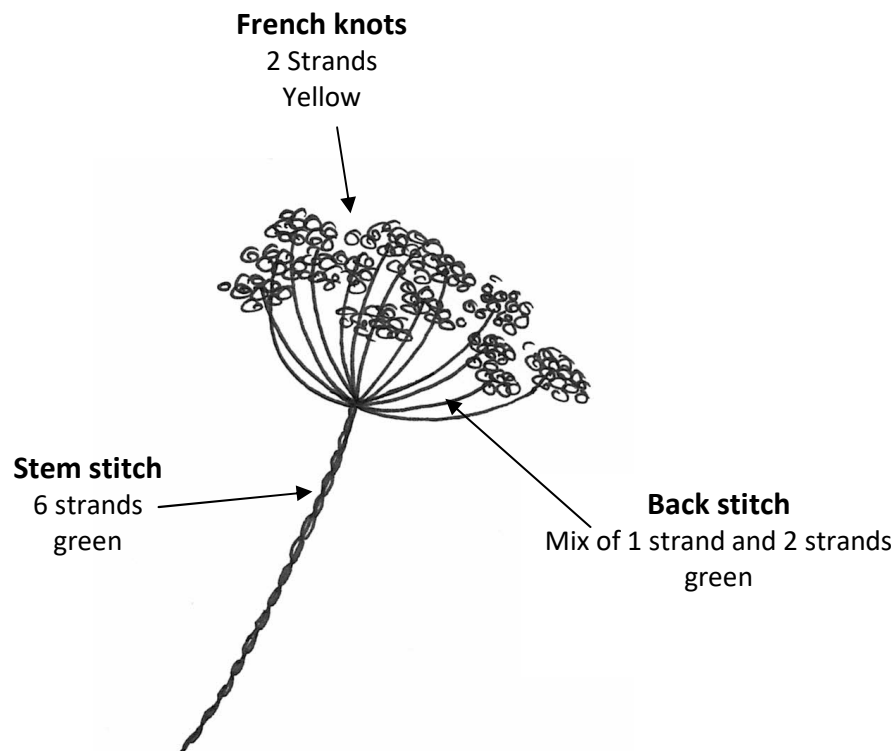


Print off the design below in your chosen size (I used the smallest one in the video) and trace onto your fabric with a waterproof pen or water erasable pen, or use the prick and pounce transfer method or the tracing paper method (see video) if working onto a piece of slow stitching.

Fennel outline design



Stitch plan



Needle guide

I recommend these needles for the following number of strands (if you are using a thread other than stranded cotton/floss check out my video on choosing the right needle size on my YouTube channel):

- Embroidery 10 – 1 Strand
- Embroidery 9 – 2 Strands
- Crewel 7 – 3 strands
- Chenille 24 or 22 – 6 Strands

Check out our video on stitching the fennel and videos on how to frame up your fabric, how to thread your needles and how to start and finish your threads; just search **Sarah Homfray Embroidery** on YouTube to find our channel and click on the red **SUBSCRIBE** button to bookmark our page.

Sarah is happy for you to use this design for your own personal use but not for any commercial use please without Sarah's permission (e.g. selling it on, teaching, selling the finished embroidery etc.)